Universal Health Screen

A blood test for men and women to check your general health as an MOT test and includes checks on: anaemia, iron stores, vitamin B12, folate, lipids and cholesterol, thyroid function, bone profile, liver profile, renal profile and diabetes.

scan me

Universal Hormone Profile

A blood test for men and women to check male and female hormones which are important for general health, energy, fertility and wellbeing.

Thyroid function (TSH and T4) is already included in the Universal Health Screen but can also be added separately.

In premenopausal women the sample should be taken day 2-6 of your cycle. Women concerned about ovulation should also have a day 21 progesterone.

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Universal Cancer Screen

A blood test for men and women to check to detect early signs of cancer before they are able to be seen or identified using conventional screening.

Many cancers do not cause any symptoms until the disease is advanced, and thus screening may help detect cancer at an early stage when the chances of successful treatment are highest.

The Trucheck Intelli blood test can detect 70 different types of cancer such as: Melanoma, Head and Neck Cancer, Salivary Gland Cancer, Thyroid Cancer, Lung Cancer, Breast Cancer, Liver Cancer, Biliary Tract Cancer, Gastro-Intestinal Cancer, Soft Tissue Cancer and Osteosarcomas, Mesothelioma, Kidney Cancer, Bladder Cancer, Gynaecological Cancers such as Ovarian, Cervical or Uterine Cancer, Male Cancers including Prostate Cancer, CNS Cancer, Thymus Cancer, Adrenal Cancer, Skin Cancer.

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Biological Age Test

Unlock the secrets to a healthier, younger you with our Biological Age Test! Ever wonder if your body is aging faster or slower than it should? Our cutting-edge test dives deep into your DNA, providing a precise measure of your biological age compared to your chronological age.

By analysing specific biomarkers, we give you a clear picture of how your lifestyle, from diet and exercise to stress and sleep, impacts your aging process. This essential insight empowers you to make targeted changes that can significantly improve your health and potentially extend your lifespan.

Embrace a future where age is just a number, and take control of your health with our Biological Age Test. Start your journey to a more youthful, vibrant life today!

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UK Accredited Laboratories

All of our universal health and biological age tests are performed in a UK accredited laboratory.

Testing Anywhere in UK

Blood tests can be undertaken at our Cardiff Clinic or we can arrange for a phlebotomist to take your blood sample at your home, work or any convenient location in the UK.

Pay Now or Pay Later

You can now spread the costs over 3 payments with no setup or interest fees via PayPal Pay in 3.

First payment is made at the point of purchase with the next two payments made automatically on the same date over two months using a valid credit card or confirmed bank account.

Innermost Healthcare

Innermost Healthcare is a Healthcare Inspectorate Wales registered private medical clinic based in Cardiff.

Our luxurious state of the art clinic is fully air conditioned and has dedicated parking spaces with easy wheelchair access. It is conveniently situated at junction 30 off the M4.

Ashtree Medical Clinic
3 Ashtree Court
Woodsy Close
Cardiff
CF23 8RW
0345 2303386

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About Us and Our Clinic

The clinic is owned and run by Dr Bryan Beattie MD FRCOG, a full time NHS Consultant in Fetal Medicine and the Fetal Medicine Lead for Wales.

innermost HEALTHCARE

Universal Health Screening and Biological Age Testing

innermosthealthcare.com